

III.

Fix your Thoughts stedfastly upon God's infinite Greatness and your own Unworthiness to appear before Him.

IV.

And first (as Saint Paul hath directed you) examine yourself how you stand in the Faith, Profession and Practice of your Christian Religion, both before God and the World; how you have spent your Time, what Good or Evil you have done, what bad Inclinations you have resisted

and amended, and what Offences you have committed either against God or Man.

V.

Prefixing this Prayer to remember them, and to ask Pardon for them.

The Prayer.

O My God, I most humbly beseech thee to open the Eyes of my Mind, to cleanse the Thoughts of my Heart, that I may see and acknowledge my Sins and Offences which I have daily committed in Thought,